

BABY, CHILD and ADULT FIRST AID COURSE



Contact *Les héros de demain!*

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How?

I come to you with mannequins and equipment for a relaxed and practical, hands-on session, with family or friends!

Aim: Because baby and child bodies are still forming, more delicate, delivering child or baby first aid is different than administering care to an adult.

At the end of the session, you will know how to respond to specific situations, which will help you care for your baby, a child or an adult in crisis as you wait for medical professionals to arrive.

Detailed description of the course:

- Prevention of domestic and everyday accidents
- Protection
- Examining the baby, child or adult
- How and when to call emergency services
- Rescue :
 - ✓ Severe bleeding
 - ✓ Choking
 - ✓ Baby/child is unresponsive but breathing (recovery position)
 - ✓ Baby/child is not breathing (CPR)
 - ✓ AED Automated External Defibrillator



Public:

From age 10

2 à 8 people

3 hour session

Where: Together, we find a time and place that's convenient to you: at home, outdoors...

Price: See price list on www.lesherosdedemain.com