# FIRST AID COURSE



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#### How?

I come to you, with mannequins and equipment for a relaxed and practical, hands-on session, with family or friends!

### Aim:

At the end of the session, you will know how to respond to specific situations, which will help you care for an adult (or child from age 8) in crisis as you wait for medical professionals to arrive.

# Detailed description of the course:

- Protection
- Examining the victim(s)
- How and when to call the emergency services
- Rescue and take care of a person in case of:
  - ✓ Severe bleeding
  - ✓ Choking
  - ✓ The victim is unresponsive but breathing
  - ✓ The victim is not breathing
  - ✓ AED Automated External Defibrillator

# Public:

From age 10 2 to 8 people

2 hour session

Where: Together, we find a time and place that's convenient to you: at home, outdoors, at work, whether your need is for you as a private individual or for a group or professional

**Price:** See price list on www.lesherosdedemain.com

