

Is your child
ready to be a
superhero?

CHILD / PARENT FIRST AID COURSE



Contact *Les héros de demain!*

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How?

A practical and fun session **TO SHARE** with your child, on the most important and most common first aid skills every child should learn. At the end of the sessions, children participating will receive a « superhero » diploma!

Aim: This course will allow him/her to gain self-confidence in acquiring simple skills that allow you and your child to become the 1st link in the emergency chain and maybe even help to save a life!

1/ Initial workshop:

- Identify dangers
- Protect yourself and others
- Check the scene and the person
- How and when to call the emergency services

2/ Additional workshop:

- Introduction to caring for a person in case of:
 - ✓ Blood loss, nose bleed
 - ✓ Choking
 - ✓ The person is unresponsive but breathing (recovery position)
 - ✓ The person is not breathing (CPR)

Public:

Children from 6 to 10 years old
Group of 2 to 10 people

Time: In order to keep children's attention, the workshop is broken down into 2 sessions of 1h30 minutes.



Where: Together, we find a time and place that's convenient to you: at home, outdoors...

Price: See price list on www.lesherosdedemain.com